

UNIVERSITY OF WASHINGTON
PSYCHOLOGY INTERNSHIP PROGRAM

**RESEARCH SKILLS TRAINING PROGRAM
“GRANTSMANSHIP”**

The general goal of this optional year long program is to provide training in advanced clinical research skills and grant writing to psychology residents and other senior level trainees (e.g., post doctoral fellows) to enhance the transition to an academic clinical research career. Participation in this activity includes the provision of 6 hours per week of release time from clinical rotations to participate in a seminar devoted to teaching skills needed for developing and writing grants, and to pursue development of a grant proposal or research project under the mentorship of an internship faculty member. Participation in the program is most appropriate for those residents who have either completed or are in the latter stages of their dissertation research, are interested in research areas that can be mentored by faculty members of the internship and are looking towards career choices in which grant writing skills will be needed. Psychology residents are not required to participate in the grantsmanship seminar program but participation in research activity is encouraged, particularly if residents are considering an academic career.

Specifically, at the end of the program, trainees will have:

1. Strengthened their clinical research skills through the conceptualization, design, and writing of a research proposal.
2. Gained increased confidence in their ability to write a research proposal.
3. Completed a research proposal for mock study section review.
4. Developed increased knowledge about, and interest in, pursuing an academic research career.

Structure:

1. Individual mentorship by a faculty member paired with the resident based on mutual research interests.
2. 6 hours of release time from clinical rotations for “Grantsmanship” related activities. This includes the time spent in the “Grantsmanship” seminar as well as travel time to the seminar.
3. Weekly one-hour seminar focusing on the components of a grant application, writing proposals, grant review criteria, and procedures.

Participants and selection procedures:

In the spring, after the psychology match, trainees are sent a questionnaire about their level of interest in this program, their probable research area, possible mentors, or mentor criteria, if they don't have a specific faculty person in mind. Selection of participants for the program is made on the basis of interest in the program, career/career goals in clinical research, appropriate fit between research focus and the University of Washington faculty mentors, and your progress in completing your dissertation. Most psychology residents who apply to the program are accepted for participation.

For more information please contact:

Ty Lostutter, Ph.D. BB1629 | 206-616-0788 | tylost@uw.edu